

Susan Patel

Susan Patel is a seasoned entrepreneur, a passionate community leader, and a dedicated advocate for positive change.

With a rich history of non-profit work and a deep passion for politics, she has tirelessly worked to empower the South Asian community.

Her endorsements and activism have left a lasting impact, and her influence extends across numerous initiatives where she serves as a respected board member.



Business



Suuprah embodies my vision of fostering balanced living through transformative wellness programs, expert-led professional services, and vibrant events that educate, inspire, and connect.

Our 11-Step Methodology Program reflects my commitment to guiding individuals toward self-realization and personal growth, empowering them to embrace their unique journeys. By integrating small group chat rooms, we provide safe spaces for collaboration, reflection, and shared progress.

Suuprah is more than a platform—it's a movement to create opportunities for healing, learning, and growth while building a thriving community. Together, we're shaping lives and redefining what it means to live holistically.

[Suuprah.com](https://suuprah.com)

Socials



[linkedin.com/in/susan-patel](https://www.linkedin.com/in/susan-patel)



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